

Class + Benefits + Meditation with Rajashree Saturday, September 22 @ 11 am



Please join us for this special event where Rajashree will lead a Hot Yoga class of the 26 postures with 2 breathing exercises following with a meditation session. During the class she will discuss the benefits of yoga.

Rajashree has been practicing yoga since she was 4 years old and she is a five time winner of the All India Yoga Championship Competition. She holds a degree in Hatha Yoga Therapy and a certification in the application of Hatha Yoga Therapy for Chronic Diseases.

Cost for the class is \$35

Payment for this class may be made by credit card ONLY in the studio or by phoning 510-204-9642.

No refunds. Class is transferable.

Please reserve early, as we expect a full house.

All levels welcome!

FUNKY DOOR
BIKRAM YOGA METHOD

2567 SHATTUCK AVE. BERKELEY, CA